



Swasthi Yoga

Let's transform together



33202331



swasthiyoga@gmail.com

STUDIO CLASS SCHEDULE DEC- 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Hatha Yoga The Transformation 09.30AM-10.50AM Vishnu	Slimming Power Yoga The Weight Loss 09.30AM-10.50AM Vishnu	Detox Yoga & Meditation The Purification 09.30AM-10.50AM Vishnu	Hatha Yoga Alignment 09.30AM-10.50AM Vishnu	Detox Yoga & Meditation The Purification 09.30AM-10.50AM Vishnu	Detox Yoga & Meditation The Purification 09:15 AM - 10:35 AM Vishnu	Advanced Yoga The Transformation 09.15AM-10.35AM Vishnu
					Detox Yoga & Meditation The Purification 11.00AM-12.20PM Vishnu	Hatha Yoga The Transformation 11.00AM-12.20PM Vishnu
Hatha Yoga Beginners Class 6.30PM-7.50PM Vishnu	Hatha Yoga The Transformation 6.30PM-7.50PM Vishnu	Slimming Power Yoga The Weight Loss 6.30PM-7.50PM Vishnu	Hatha Yoga The Transformation 6.30PM-7.50PM Vishnu	Advanced Yoga The Transformation 6.30PM-7.50PM Vishnu		

PRICE PACKAGES

- UNLIMITED MONTHLY 80 MINUTES CLASSES - 500 QR
(Mixed classes only)
- BUY 10 CLASSES AND GET 2 CLASSES FREE
800 QR (Mixed Classes - 3 months validity)

DROP IN CLASS - 80 QR /80 MINUTES CLASS

NOTES

Advance booking need 5 hours prior to the class through our Whatsapp



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