



# Swasthi Yoga

Let's transform together



33202331



swasthiyoga@gmail.com

## STUDIO RAMADAN SCHEDULE MARCH-APRIL 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Hatha Yoga</b> The Transformation 09.30AM-10.50AM Vishnu	<b>Slimming Power Yoga</b> The Weight Loss 9.30AM-10.50AM Vishnu	<b>Detox Yoga</b> The Purification 9.30AM-10.50AM Vishnu	<b>Hatha Yoga</b> The Transformation 9.30AM-10.50AM Vishnu	<b>Detox Yoga</b> The Transformation 9.30AM-10.50AM Roberta	<b>Detox Yoga</b> Ladies Only 9.30AM-10.30AM Roberta	
<b>Hatha Yoga</b> Ladies Only 11.00AM- 12.00PM Roberta	<b>Detox Yoga</b> Ladies Only 11.00AM- 12.00PM Lakmi	<b>Hatha Yoga</b> Ladies Only 11.00AM- 12.00PM Lakmi	<b>Detox Yoga</b> Ladies Only 11.00AM- 12.00PM Roberta		<b>Detox Yoga</b> The Purification 11.00 AM- 12.20PM Vishnu	<b>Hatha Yoga</b> The Transformation 11.00 AM- 12.20PM Vishnu
					<b>Yoga for Children</b> Age Group (8 to 15) 4.00PM-5.00PM Vishnu	<b>Hatha Yoga</b> Advance Class 4.00PM-5.20PM Vishnu
<b>Slimming Power Yoga</b> The Weight Loss 7.00PM-8.20PM Vishnu	<b>Hatha Yoga</b> The Transformation 7.00PM-8.20PM Vishnu	<b>Slimming Power Yoga</b> The Weight Loss 7.00PM-8.20PM Vishnu	<b>Hatha Yoga</b> The Transformation 7.00PM-8.20PM Vishnu	<b>Hatha Yoga</b> The Transformation 7.00PM-8.20PM Vishnu		
	<b>Slimming Power Yoga</b> Ladies Only 8.30PM-9.30PM Sarah	<b>Hatha Yoga</b> Ladies Only 9.00PM-10.00PM Sally	<b>Hatha Yoga</b> Ladies Only 8.30PM-9.30PM Sarah			

### PRICE PACKAGES

- UNLIMITED MONTHLY 80 MINUTES CLASSES - 500 QR (Mixed classes only)
- BUY 10 CLASSES AND GET 2 CLASSES FREE 700 QR (Mixed Classes - 2 months validity)
- LADIES ONLY CLASS BUY 5 CLASSES GET 1 CLASS FREE - 300QR (1 month validity)

DROP IN CLASS - 80 QR /80 MINUTES CLASS  
DROP IN CLASS - 65 QR/ 60 MINUTES CLASS

### NOTES

All classes need Advance Reservation through Whatsapp or call:



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Must Show EHTERAZ App with vaccination sign