



Swasthi Yoga

Let's transform together



33202331



swasthiyoga@gmail.com

STUDIO CLASS SCHEDULE APRIL 2025

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|--|---|--|---|---|---|
| Hatha Yoga The Transformation 09.30AM-10.50AM Vishnu | Slimming Power Yoga The Weight Loss 09.30AM-10.50AM Vishnu | Detox Yoga & Meditation The Purification 09.30AM-10.50AM Vishnu | Hatha Yoga Alignment 09.30AM-10.50AM Vishnu | Detox Yoga & Meditation The Purification 09.30AM-10.50AM Vishnu | | Advanced Yoga The Transformation 09.15AM-10.35AM Vishnu |
| | | Sunset Slow Flow Yoga The Transformation 5.00PM-6.20PM | | | Detox Yoga & Meditation The Purification 11.00AM-12.20PM Vishnu | Hatha Yoga The Transformation 11.00AM-12.20PM Vishnu |
| Hatha Yoga Beginners Class 6.30PM-7.50PM Vishnu | Hatha Yoga The Transformation 6.30PM-7.50PM Vishnu | Slimming Power Yoga The Weight Loss 6.30PM-7.50PM Vishnu | Hatha Yoga The Transformation 6.30PM-7.50PM Vishnu | Advanced Yoga The Transformation 6.30PM-7.50PM Vishnu | | |

PRICE PACKAGES

- UNLIMITED MONTHLY 80 MINUTES CLASSES - 500 QR (Mixed classes only)
- BUY 10 CLASSES AND GET 2 CLASSES FREE 800 QR (Mixed Classes - 3 months validity)

DROP IN CLASS - 80 QR /80 MINUTES CLASS

NOTES

Advance booking need 5 hours prior to the class through our Whatsapp



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