WWW.SWASTHIYOGA.COM

Swasthi Yoga

Let's transform together

STUDIO CLASS SCHEDULE - NOVEMBER 2026

SUN	**HATHA YOGA** for all levels Transformation 9:30 am to 10:50 am Vishnu	**HATHA YOGA** for all levels Transformation 6:30 pm to 7:50 pm Vishnu
MON	**SLIMMING POWER YOGA** for all levels Weight loss 9:30 am to 10:50 am Vishnu	**HATHA YOGA** for all levels Transformation 6:30 pm to 7:50 pm Vishnu
TUE	**DETOX YOGA** for all levels Purification 9:30 am to 10:50 am Vishnu	**SLIMMING POWER YOGA** for all levels Weight loss 6:30 pm to 7:50 pm Vishnu
WED	**HATHA YOGA** for all levels Alignments 9:30 am to 10:50 am Vishnu	**HATHA YOGA** for all levels Transformation 6:30 pm to 7:50 pm Vishnu
THU	**DETOX YOGA** for all levels Purification 9:30 am to 10:50 am Vishnu	**ADVANCED YOGA** Advanced levels Transformation 6:30 pm to 7:50 pm Vishnu
FRI	**DETOX YOGA** for all levels Purification 9:15 am to 10:35 am Vishnu	**DETOX YOGA** for all levels Purification 11:00 am to 12:20 pm Vishnu
SAT	**ADVANCED YOGA** Advanced levels Transformation 9:15 am to 10:35 am Vishnu	**HATHA YOGA** for all levels Transformation 11:00 am to 12:20 PM Vishnu

PRICES & PACKGAES

ALL OUR CLASSES ARE MIXED & 80 MINUTES

- Single Class: 80/- Qr
- Unlimited Monthly Class Pkg for- 500 /- QR
- 12 Class Pkg: 3 Months Validity for -800 /-QR

FOR BOOKINGS

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FOR UPDATES

VISHNUSWASTHIYOGA