

STUDIO CLASS SCHEDULE - MAR 20TH TO MAR 31 2026

SUN	HATHA YOGA for all levels Transformation 9:30 am to 10:50 am Vishnu	HATHA YOGA for all levels Transformation 6:30 pm to 7:50 pm Vishnu
MON	SLIMMING POWER YOGA Weightlose for all levels 9:30 am to 10:50 am Vishnu	HATHA YOGA for all levels Transformation 6:30 pm to 7:50 pm Vishnu
TUE	DETOX YOGA for all levels Purification 9:30 am to 10:50 am Vishnu	SLIMMING POWER YOGA Weightlose for all levels 6:30 pm to 7:50 pm Vishnu
WED	HATHA YOGA for all levels Alignments 9:30 am to 10:50 am Vishnu	HATHA YOGA for all levels Transformation 6:30 pm to 7:50 pm Vishnu
THU	DETOX YOGA for all levels Purification 9:30 am to 10:50 am Vishnu	ADVANCED YOGA Advanced levels Transformation 6:30 pm to 7:50 pm Vishnu
FRI	DETOX YOGA for all levels Purification 9:15 am to 10:35 am Vishnu	DETOX YOGA for all levels Purification 11:00 am to 12:20 pm Vishnu
SAT	ADVANCED YOGA Advanced levels Transformation 9:15 am to 10:35 am Vishnu	HATHA YOGA for all levels Transformation 11:00 am to 12:20 PM Vishnu

PRICES & PACKGAES

ALL CLASSES ARE 80 MINUTES

> **Single Class: 80/- Qr**

> **Unlimited Monthly Class Pkg for- 500 /- QR**

> **12 Class Pkg: 3 Months Validity for -800 /-QR**

FOR BOOKINGS

 +974 31468710

 +974 33202331

FOR UPDATES

 **VISHNUSWASTHIYOGA**