



Swasthi Yoga

Let's transform together



33202331



swasthiyoga@gmail.com

STUDIO CLASS SCHEDULE NOVEMBER 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Hatha Yoga The Transformation 09.30AM-10.50AM Vishnu	Slimming Power Yoga The Weight Loss 9.30AM-10.50AM Vishnu	Detox Yoga The Purification 9.30AM-10.50AM Vishnu	Hatha Yoga The Transformation 9.30AM-10.50AM Vishnu	Detox Yoga The Transformation 9.30AM-10.50AM Anushey		
Hatha Yoga Ladies Only 11.00AM- 12.00PM Sarah	Detox Yoga Ladies Only 11.00AM- 12.00PM Lakmi	Hatha Yoga Ladies Only 11.00AM- 12.00PM Anushey	Detox Yoga Ladies Only 11.00AM- 12.00PM Claudia		Detox Yoga Ladies Only 09.30AM-10.30AM Sarah	Detox Yoga Ladies Only 09.30AM-10.30AM Sally
					Detox Yoga The Purification 11.00 AM- 12.20PM Vishnu	Hatha Yoga The Transformation 11.00 AM- 12.20PM Vishnu
Hatha Yoga The Transformation 5.00PM-6.20PM Samar	Slimming Power Yoga The Weight Loss 5.15PM-6.15PM Sally	Hatha Yoga Ladies Only 5.15PM-6.15PM Sarah	Hatha Yoga Ladies Only 5.15PM-6.15PM Anushey	Slimming Power Yoga Ladies Only 5.15PM-6.15PM Sarah		
Slimming Power Yoga The Weight loss 6.30PM-7.50PM Vishnu	Hatha Yoga The Transformation 6.30PM-7.50PM Vishnu	Slimming Power Yoga The Weight loss 6.30PM-7.50PM Vishnu	Hatha Yoga The Transformation 6.30PM-7.50PM Vishnu	Hatha Yoga The Transformation 6.30PM-7.50PM Claudia		

PRICE PACKAGES

- UNLIMITED MONTHLY 80 MINUTES CLASSES - 500 QR (Mixed classes only)
- BUY 10 CLASSES AND GET 2 CLASSES FREE 700 QR (Mixed Classes - 2 months validity)
- LADIES ONLY CLASS PACKAGE BUY 5 CLASSES AND GET 1 CLASS FREE 300 QR (1 MONTH VALIDITY)

DROP IN CLASS - 80 QR /80 MINUTES CLASS
DROP IN CLASS - 65 QR/ 60 MINUTES CLASS

NOTES

All classes need Advance Reservation through Whatsapp or call:



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Must Show EHTERAZ App with vaccination sign