



# Swasthi Yoga

Let's transform together



33202331



swasthiyoga@gmail.com

## STUDIO CLASS SCHEDULE MARCH 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Hatha Yoga</b> The Transformation 09.30AM-10.50AM Vishnu	<b>Slimming Power Yoga</b> The Weight Loss 09.30AM-10.50AM Vishnu	<b>Detox Yoga &amp; Meditation</b> The Purification 09.30AM-10.50AM Vishnu	<b>Hatha Yoga</b> Alignment 09.30AM-10.50AM Vishnu	<b>Detox Yoga &amp; Meditation</b> The Purification 09.30AM-10.50AM Vishnu		
						<b>Advanced Yoga</b> The Transformation 09.15AM-10.35AM Vishnu
					<b>Detox Yoga &amp; Meditation</b> The Purification 11.00AM-12.20PM Vishnu	<b>Hatha Yoga</b> The Transformation 11.00AM-12.20PM Vishnu
		<b>Hatha Yoga</b> The Transformation 4.00PM-5.20PM Vishnu				
<b>Hatha Yoga</b> Beginners Class 7.00PM-8.20PM Vishnu	<b>Hatha Yoga</b> The Transformation 7.00PM-8.20PM Vishnu	<b>Slimming Power Yoga</b> The Weight Loss 7.00PM-8.20PM Vishnu	<b>Hatha Yoga</b> The Transformation 7.00PM-8.20PM Vishnu	<b>Advanced Yoga</b> The Transformation 7.00PM-8.20PM Vishnu		

### PRICE PACKAGES

- UNLIMITED MONTHLY 80 MINUTES CLASSES - 500 QR (Mixed classes only)
- BUY 10 CLASSES AND GET 2 CLASSES FREE 800 QR (Mixed Classes - 3 months validity)

DROP IN CLASS - 80 QR /80 MINUTES CLASS

### NOTES

Advance booking need 5 hours prior to the class through our Whatsapp



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